



GUIDANCE NOTES NO:

9.2

USEFUL ORGANISATIONS

FOR ALL

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USEFUL ORGANISATIONS

The organisations listed below provide expert help, guidance and advice for anyone affected by abuse – whether children, their parents/carers or adults generally.

FOR CHILDREN AND THEIR PARENTS/CARERS:

Childline

Offers a variety of ways of directly supporting children

www.childline.org.uk/get-support

Kidscape

Offers help with bullying. This includes free 'Zap' anti-bullying workshops for children who have been bullied and their parents – as well as a parent advice line.

www.kidscape.org.uk/programmes

Young Minds

Provides support for children experiencing mental health issues. Young Minds also provides a helpline for parents: **0808 802 5544** (Monday-Friday, 9.30-4pm)

www.youngminds.org.uk

FOR PARENTS/CARERS:

MOSAC is a charity that offers support to parents and carers of children who have been sexually abused (including parents of adult survivors).

W: www.mosac.org.uk

T: **0800 980 1958** or **0208 293 9990** (free helplines).

FOR ADULT SURVIVORS OF SEXUAL ABUSE:

Voluntary organisations that offer support to adult survivors of sexual abuse, including helpline support, include:

NAPAC

W: www.napac.org.uk

T: **0808 801 0331**

Safeline (focused on male survivors)

W: www.safeline.org.uk

T: **0808 800 5008**

Rape Crisis (focused on female survivors)

W: www.rapecrisis.org.uk

T: **0808 802 9999**

FOR SPORTSPEOPLE:

Sporting Chance

The charity set up by Tony Adams, former Arsenal and England player, Sporting Chance provides support, counselling, treatment, and aftercare to sportsmen and women who are suffering from addictive illnesses such as alcoholism, drug abuse, compulsive gambling and eating disorders; and all the side effects, including anxiety and depression.

www.sportingchanceclinic.com

FOR SURVIVORS OF FOOTBALL-RELATED ABUSE:

SAVE Association

The SAVE Association was established in December 2016. Founding members Ian Ackley, Derek Bell, Paul Stewart and David White, had all been individual invited to a meeting with The FA and during the meeting immediately found common ground. All four are survivors of sexual abuse in youth football.

SAVE was officially launched in August 2017, with a vision of supporting and advocating for survivors and enabling them to become part of the solution in safeguarding, as opposed to feeling like part of the problem.

After completing the basic, advanced and designated lead safeguarding training, SAVE rolled out their CPD accredited Survivor Safeguarding Training programme in November 2018. SAVE aims to build up a network of trained survivors to create a unique nationwide group, equipped and qualified to provide training and consultancy to all regulated activity settings, with the benefit of a 'lived experience'.

SAVE has also provided support (non-therapeutic), advocacy, opportunity and signposting to survivors when required and appropriate.

enquiries@saveassociation.com

www.saveassociation.com

Offside Trust

In November 2016, several former professional players bravely waived their right to anonymity to speak out about their past childhood sexual abuse in the game.

A number of the players involved decided to set up The Offside Trust, an organisation committed to supporting survivors and working to make sport safer for children.

The Trust is led by ex- footballer Steve Walters and former professional golfer Chris Unsworth, whose stories have inspired hundreds of people to speak out for the first time about their abuse.

In addition to Steve and Chris, the Offside Trust family includes some amazing ambassadors and several others who wish to remain anonymous.

The Offside Trust is an organisation set up as a restricted fund under the auspices of Prism the Gift Fund (UK charity number 1099682).

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